

Synthesis of CUPRUM METALLICUM

1. ESSENCE: want of self-confidence with strong will; strong desire to prove that he is not worthless by holding everything under his control
2. CAUSATIONS/REACTIVATIONS: lack of approbation or constant disapproval, undermining of self-confidence, too high expectations from the parents; lack of opportunities to realize his abilities, to make a career; too much stress causing mental or physical exhaustion, overexertion of mind, loss of sleep; too much control suppressing his emotions; suppressed eruptions [asthma])
3. CRAMP or TENSION on the mental, emotional and physical level; mental RIGIDITY, physical RIGIDITY; lack of flexibility
4. Physical tensions: convulsions, migraine, asthma, angina pectoris, hypertension, spastic colon, cramps or tension in muscles, trembling, twitching, Raynaud's, coldness of extremities
5. Very organized; planning everything; likes to have an overview of the entire situation; likes to have everything under his control
6. FASTIDIOUS in his work; conscientious; fear of FAILURE; has to prove himself; sure to ARRIVE AT THE APPOINTED TIME; angry or irritated when the other is late
7. NEVER GIVES UP, wants to achieve his goal and goes to the limit; FANATICISM
8. AMBITIOUS; wants to be THE BEST; wants to prove that he can make it, that he is not an ordinary laborer or that he is not stupid, etc.; very successful in business, easily makes career
9. HARD WORKER, very active, never has time to rest or to relax; has many activities; other people can hardly believe that one person can do so many things; works so hard yet does not feel fatigue; he plans the whole day; strong desire to finish the task at hand
10. Very respectful of RULES; angry when others break them
11. CAUTIOUS, doesn't want to take too many risks, tries to have as much security as possible
12. Very sensitive to INJUSTICE; angry when people are unfair to him or to other people; suffers from the injustice in the world; angry when others don't work seriously and do their task as they should
13. Likes STRONG PHYSICAL EXERTION that requires endurance: running, swimming, bicycling; wants to win and goes to the limit; feels much better after strong physical exertion
14. OCCUPATION amel.; always busy; desires to finish his work
15. SERIOUS; emotionally CLOSED; suppressed feelings
16. Strong sense of RESPONSIBILITY, aware of his duty
17. HARD on himself and on others
18. EASILY OFFENDED
19. Fear of LOSING CONTROL; fear of insanity; fear of falling; fear of heart disease; fear of the dark; fear of water
20. Fear of having an ACCIDENT, of riding in a car; prefers to drive in stead of being a passenger; anticipation; anxiety about future
21. FEAR OF IMPENDING DEATH; fears he will die at any moment, presentiment of death; delusion, he is about to die; anxiety when alone

22. HYPOCHONDRIACAL ANXIETY; anxiety after fright; anxiety for others, especially his family
23. Desires to be INDEPENDENT, reluctant to ask for help; dictatorial, talks with authority; delusion, he is a person of rank
24. PROSTRATION OF MIND; mental and physical EXHAUSTION, BURN-OUT; LASSITUDE
25. COLD FEET, icy coldness; coldness of hands, of fingers (RAYNAUD)
26. AGG.: mentally or physically overworking; touch, before menses; suppression, suppressed foot sweat
27. AMEL.: occupation ; cold drinks (cough, nausea, vomiting, hiccoughs and spasms); perspiration

BABIES

1. Enormous mental and physical TENSION; clenched fists during sleep, frowning forehead
2. CRAMPY bowels, easily vomiting after being fed
3. Starting from noise
4. Cannot relax easily in the arms of the mother or at the breast; easily biting the nipple
5. Can be ameliorated when carried or riding in a car or the opposite: the child stiffens and kicks when carried
6. Desires to bite; bites the glass when fed from inner tension; pinches or scratches the face of his mother or father or other children; sometimes irritable
7. NIGHT TERRORS; wakes at night weeping and shrieking but doesn't want to be touched or consoled
8. Difficult dentition

CHILDREN

1. Enormous mental and physical TENSION; very insecure
2. Averse to CHANGE, lack of flexibility; new things make him anxious; everything has to be as usual, in its proper place
3. AMBITIOUS; wants to be THE BEST; fanatic in sports; wants to win and is a bad loser in games; wants to be the best of the class; easy and hard working child at school
4. OBEDIENT, respectful of rules; want other children to follow the rules also
5. Organized, prepares all his homework for the next day without the help of his parents
6. He is a leader, takes easily the leadership of a group; defends other children when teased or unjustly treated
7. Lots of anticipation for important events, wants to know all kind of details about what will happen; sleepless from anticipation
8. Aversion to being touched; aversion to being caressed; cannot easily relax when caressed or given massage; child cannot bear anyone to approach him; cannot bear to be looked at; turns the eyes or face away when looked at
9. Fear of strangers; timidity; fear of others approaching him
10. DICTATORIAL, talks with an air of command
11. Has few friends, usually only one
12. Nervous laughter
13. Sometimes malicious; sometimes irritable; sometimes destructive
14. DIFFICULT DENTITION

15. Episodes of BREATH-HOLDING
16. CONVULSIONS: during dentition; when eruptions fail to appear; from excitement; with falling; after punishment; great remedy for convulsions
17. WHOOPING COUGH: child gets stiff, breathing ceases, twitches spasmodically; after a while consciousness returns; anxiety before an attack of whooping cough
18. SUFFOCATIVE COUGH, night; child becomes stiff and blue in the face; child coughs fitfully and during the paroxysm may appear as if dead
19. Stridulous laryngismus; violent attacks without any cough; asthma after suppressed eruptions